

**KEEP ON MOVING...**

Lean3 Rossouw: 076 442 6269

Fransicka Merrick: 084 496 7826



# MMDS

MEMPHIS MOVE DANCE STUDIO

## MMDS: Class Schedule 2022

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
<b>8:00-9:00</b>	Body shape: All ages - Franciska	Body Shape: All ages - Franciska	Dance Fitness: All Ages – Leandri	Body Shape: All ages - Franciska	Body Shape: All ages - Franciska	Stretch class: All ages – Franciska	No classes. Let us praise the Lord!
<b>14:00-14:45</b>	Tiny Tots Ballet Gr 00 – Gr 2 <b>(14:15 – 14:45)</b> Open class			Contemporary: Seniors Advance Gr 6 – Gr 9	Competition: - Solos - Duets - Small Group - Group - All ages As needed.  Individual:	Competition: - Solos - Duets - Small Group - Group - All ages As needed.  Individual:	
<b>15:00-15:45</b>	Dance-Ed: Jazz Preparatory Tree Juniors	Dance-Ed: RazzMatazz Gr00 – Gr2 <b>(15:30 -16:00)</b> <b>5-8 age group</b>	Hip-Hop: Hoppers Gr00 – Gr 2 <b>(15:30 -14:00)</b> <b>5-8 age group</b>	Contemporary: Juniors Advance Gr 3 – Gr 5			

<b>16:00- 16:45</b>	Dance-Ed: Jazz Introductory One Juniors	Contemporary: Juniors Beginner Gr 3 – Gr 5	Hip-Hop: Juniors Gr 3 – Gr 5	Hip-Hop: Juniors Gr 3 – Gr 5	classes: All ages. As needed.	classes: All ages. As needed.	
<b>17:00- 17:45</b>	Dance Fitness: All ages – Leandri	Contemporary: Juniors Beginner Gr 6 – Gr 9	Hip-Hop: Juniors Gr 6 – G 9	Dance Fitness: All ages – Leandri			
<b>18:00- 19:00</b>	Dance-Ed Jazz Open Gr 10 - Adults	Dance Fitness: All ages - Leandri	Hip-Hop: Open Gr 10 - Adults	Contemp: Open Gr 10 - Adults			
<b>19:00- 20:00</b>	Body Shape – All Ages: Franciska		Body Shape – All Ages: Franciska				